

### Dates to Remember:

Visit one of our recruiting booths on Saturday 28 August at the PHV Village Pavilion CARE Fair or at the Eppelheim Schutzenhaus Walk for Wounded Warriors

The Outdoor Emergency Care (OEC) class starts Tuesday 7 Sept 10 in the Heidelberg High School

January 2011 is the start of our On-The-Hill (OTH) training in Bichlbach, Austria & in Lauterbrunnen, Switzerland.

You too can become a Ski Patroller!!



- Do you like snowboarding or skiing?
- Do you want to improve your snowboarding or skiing skills?
- Does emergency medical training interest you?
- Do you like helping people?
- DO YOU WANT TO HAVE FUN?

### ADVANCED SKI PATROL SKILLS!

- Do you want to learn more about avalanche avoidance and rescue?
- Do you want to learn mountaineering skills and techniques?

If you answered YES to any of the above, YOU can become a Heidelberg Ski Patroller.

Visit one of our recruiting booths, or training classes

For more Information contact:

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**MEMBERSHIP  
INFORMATION**

<http://nspeurope.org>

**2010-2011**

**CAN YOU BE A SKI PATROLLER?**

# The National Ski Patrol

*“Open to ALL U.S.  
and Europeans Skiers”*

# Be part of the U.S. National Ski Patrol Candidate Training

# Patroller Programs

*offered by the  
Heidelberg Ski Patrol*

## Background:



The National Ski Patrol is the world's largest, mostly volunteer organization of its kind, promoting safety and assisting skiers, snow boarders, and outdoor enthusiasts throughout the U.S. and in Europe. The Heidelberg Ski Patrol is one of five patrols in the European Division, serving U.S. Communities and working with our European neighbors.

## Heidelberg Ski Patrol:

HSP is a service and training patrol organized to support Heidelberg Community activities, including the Heidelberg International Ski Club (HISC) throughout the year. Our support includes outdoor and ski safety education and awareness, as well as sending at least one patroller on HISC trips to provide safety awareness and emergency assistance to the trip participants.



## Benefits:

Active patrollers may receive discounted or even free lift tickets at some European or US ski resorts. They can obtain special savings on ski equipment and will be eligible for advanced National Ski Patrol training.

**Medical Training:** Begins with the National Ski Patrol Outdoor Emergency Care (OEC) Course, presented mid-September through mid-December in the Heidelberg High School. (Arrangements are made for non-ID Card holders to gain access to the military base for the training.) The OEC course consists of basic Emergency Medical Technician (EMT) material applied to the outdoor environment including specialized cold weather injury instruction. Training includes American Red Cross (ARC) or American Heart Association (AHA) Cardio-Pulmonary Resuscitation (CPR) for the professional rescuer.



**On-The-Hill (OTH) Training:** is conducted with other European Division patrols at Lauterbrunnen, Switzerland and Bichlbach, Austria on selected weekends in January through March. During the OTH training weekends, you will learn to



strengthen your skiing and/or snowboarding skills, sharpen your OEC techniques as well as learn to apply them in the outdoor winter environment, and you will learn to properly handle a rescue toboggan loaded with a "patient". This training will lead to your validation as a U.S. Nationally-recognized Basic Ski Patroller.

## Auxiliary Patroller Program:

The Ski Patrol maintains a strong Auxiliary Patroller program, which does not require any skiing ability. The emphasis is on strong OEC skills. An Auxiliary Patroller must demonstrate the same OEC skills in the class-room and in an outdoor environment as a Basic Patroller does.

## Basic Patroller Program:

To become a Basic Patroller, you must achieve all the skills required for an Auxiliary Patroller in the OEC environment, as well as to demonstrate control and ability in a variety of skiing or boarding maneuvers, all of which will ultimately prepare you to handle the all-important job of safely guiding a toboggan loaded with a patient down the mountain.

## Nordic Patroller Program:

The NSP also has a program for the "free heel" skiers: telemarkers, cross-country or ski-tourers. Successful candidates must complete the Auxiliary level training and then will receive their "back-country specific" training for the Nordic Patroller.

## Snow Boarders:

If you are an avid "boarder", the Ski Patrol is also for you. The training consists of the same basic OEC program combined with OTH snowboard and toboggan training, which also leads to validation as a Basic Patroller.

